



Sebastian's Action Trust

## **THE SEBASTIANS ACTION TRUST** [www.sebastiansactiontrust.org](http://www.sebastiansactiontrust.org)

We found that when your child leaves hospital the journey for you as a family does not stop there. Nina initially spent 4 months in Great Ormond Street and then was allowed to leave before her next phase of treatment 6 months later. For Nina's condition, however this did not mean going home. As a family, we had to rent a new home within a 60-minute drive of the hospital. Due to Nina condition, we had to create a sterile home environment and keep her away from any potential sources of infection which meant visitors, the outside world and even her older sister.

During this period, Nina needed to attend Great Ormond Street every 2 weeks and the challenge of how to get there became a critical issue. Public transport and taxis were too dangerous for Nina's condition. My wife did not drive and I often had to work away from home for long periods in order to hold down my job.

Thankfully the Sebastian's Action Trust came to our rescue and provided us with a clean, safe and reliable pick up and collection to and from the hospital for Nina and my wife. This took a huge strain off us as a family and meant that Nina never missed an appointment on her road to recovery, but this is only a fraction of what they do.

Sebastian's Action Trust has created the UK's only purpose-built facility that offers respite holidays to very sick children and their families, enabling precious time to be spent together.

Their house, called The Bluebells, opened in July 2011. Nothing like this previously existed in the UK, making The Bluebells the first of its kind and Sebastian's vision all the more exceptional.

Their Family Outreach Hub, in Slough Berkshire, provides a welcome drop-in centre for families of seriously-ill children, enabling them to access advice, guidance, advocacy, counselling and therapeutic support in order to address some of the critical issues they face on a daily basis.

The Sebastian's Action Trust also give emotional, social and practical support in many different forms, through an outreach service to families of children battling with life-limiting illnesses and provide meaningful assistance at critical times to those exhausted by the stresses of hospital life and their child's gruelling treatment.

So please, if you can, follow the link to donate and help support the Sebastian's Action Trust in the outstanding work it does in supporting the families whose lives are often turned upside down, no matter how big or small every donation helps.

[www.sebastiansactiontrust.org/cin](http://www.sebastiansactiontrust.org/cin)

